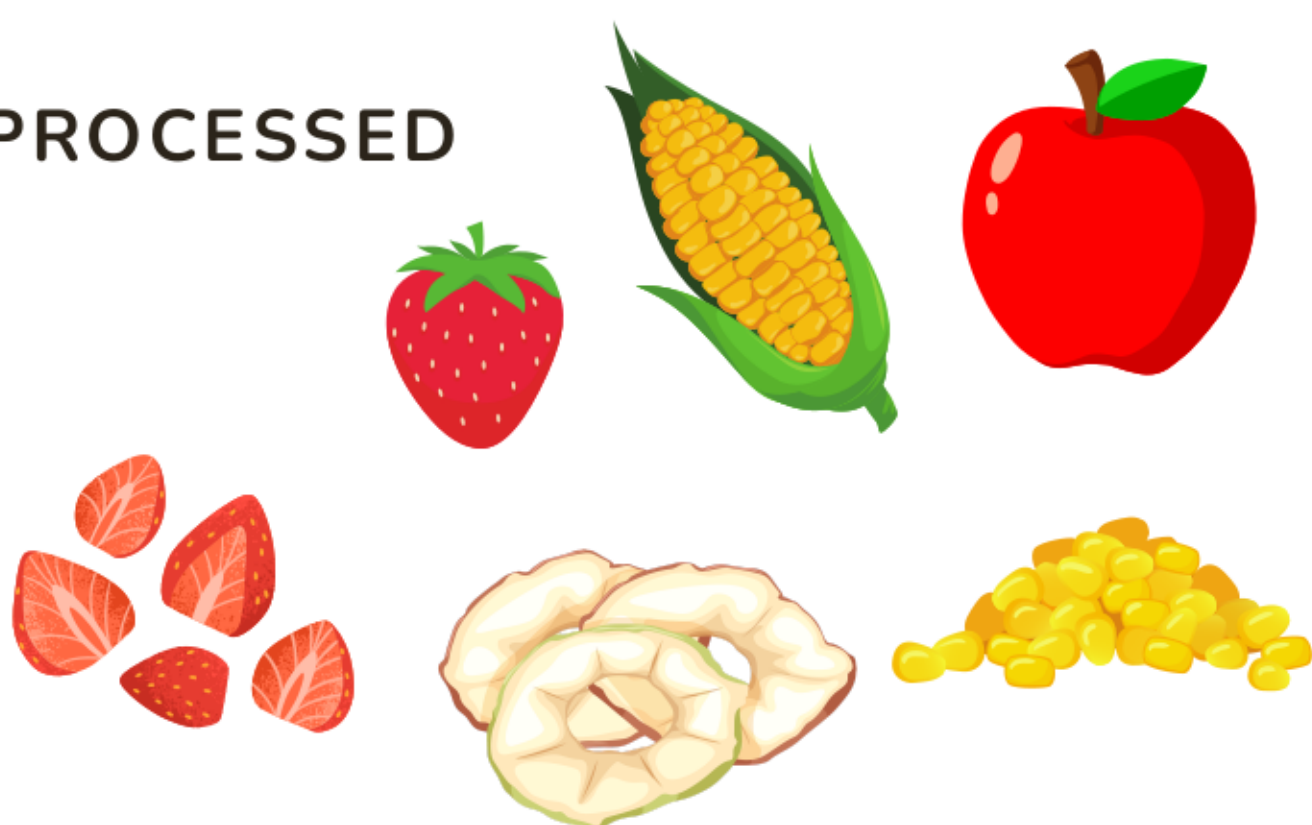


# WHAT DO PROCESSED FOODS LOOK LIKE?

## UNPROCESSED



## MINIMALLY PROCESSED



## PROCESSED FOOD



## ULTRA-PROCESSED



For educational purposes only.  
This is not medical advice.



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