



# The Wellness Kitchenista

Jessica DeLuise MHS, PA-C, CCMS



Jessica DeLuise, *The Wellness Kitchenista*, is an experienced physician assistant with a masters degree in health science, a certified culinary medicine specialist, TV chef, and Emmy award winning TV host.

She is the founder of *The Wellness Kitchenista* where she demystifies food and nutrition through education and her captivating and charismatic speaking style. Jessica delivers 'easy-to-digest' and practical information across her social platforms, at private and corporate events, and as a valued expert on various media outlets such as ABC, Fox, CBS, the Dr. Oz show, and as the Calphalon brand expert on QVC. You can watch Jessica's Emmy award winning show, *Eat Your Way to Wellness*, streaming on [TubiTV.com](https://www.tubitv.com)

## JESSICA ON STAGE

Whether on her own TV show, your stage or show, a podcast or in your publication, Jessica brings valuable education in entertaining and delicious ways that audiences love! Below are some of Jessica's current venue/event offerings:

- Classes & workshops
- Large expos and stage events
- Private & corporate events
- Cooking demos
- TV Segments & spotlights
- Brand partnerships

Your event is customizable to your needs as is the delivery method!

Below are just a few ways we can create and deliver content:

- Discussion and presentation with PPT, live or virtual
- Cooking demo- ingredient overview and preparation
- Food samples, when applicable
- Q & A session

## AUDIENCE

 11.1K
  1.7K
  64.3K
  4.7K



### FUN & ENGAGING

Expect an upbeat, vibrant presentation with audience interaction and opportunity to ask questions.



### FULLY CUSTOMIZABLE

Customize your presentation to include relatable and relevant information for your crowd. Event attendees will leave feeling empowered and excited!



### EDUCATIONAL

Immerse yourself and your group in a non-traditional learning forum that is not only fun, but inspiring.

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